

# Peppercorn Press

Carrathool Public School

Glover Street, Carrathool NSW 2711  
T 02 6993 5143 F 02 6993 5002 E [carrathool-p.school@det.nsw.edu.au](mailto:carrathool-p.school@det.nsw.edu.au)  
[www.carrathool-p.schools.nsw.edu.au](http://www.carrathool-p.schools.nsw.edu.au)



Term 2 Week 5

Tuesday 24th May, 2011

## Coming Events

### Term 2 Week 5

Monday	23 <sup>rd</sup> May	Kath Powderly (artist) visit
Tuesday	24 <sup>th</sup> May	Kath Powderly
Friday	27 <sup>th</sup> May	Gymnastics

### Term 2 Week 6

Tuesday	31 <sup>st</sup> May	PSP Fun Day @ 9.30 – 10.30 Parents are invited
Thursday	2 <sup>nd</sup> June	Scripture
Friday	3 <sup>rd</sup> June	Gymnastics

### Term 2 Week 7

Monday	6 <sup>th</sup> June	Tennis with Andrew Cronin
Thursday	9 <sup>th</sup> June	Scripture
Friday	10 <sup>th</sup> June	Gymnastics

### Term 2 Week 8

Monday	13 <sup>th</sup> June	Public Holiday
W/Day	15 <sup>th</sup> June	Athletics' Practice Day @ Hay
Thursday	16 <sup>th</sup> June	Scripture Mobile Library
Friday	17 <sup>th</sup> June	Athletics' Carnival @ Hay

### Term 2 Week 9

Monday	20 <sup>th</sup> June	Return Permission Notes and Money for Life Education Visit
Tuesday	21 <sup>st</sup> June	Jump Rope for Heart 'Jump Off Day'
Thursday	23 <sup>rd</sup> June	Scripture
Friday	24 <sup>th</sup> June	Gymnastics

### Term 2 Week 10

Monday	27 <sup>th</sup> June	Long Weekend
Tuesday	28 <sup>th</sup> June	Life Education Visit
Thursday	30 <sup>th</sup> June	Scripture
Friday	1 <sup>st</sup> July	Gymnastics, Last day of Term 2

### Term 3 Week 1

Tuesday 19<sup>th</sup> July Students return to school

*Please note: School Newsletter will be produced fortnightly in odd school weeks.*

## REMINDERS

Naidoc orders due **17<sup>th</sup> June.**

Life Education note and money due **20<sup>th</sup> June.**

## FROM THE PRINCIPAL

### VISITORS TO CARRATHOOL

The last two weeks have been very busy at school. We have been visited by the Rural Fire Service and Kath Powderly a local artist. Last Thursday we also had the opportunity to join in the locally run 'Biggest Morning Tea.' Boy those scones were delicious! Thank you to all families who supported this event by providing a donation. Not only have we been busy with these extra activities we have also been working hard in class.

This term we are concentrating on developing sound working habits and encouraging children to 'have a go' even when they are unsure.

Kindergarten children are working hard with a buddy in class to improve their sight words. Parents could also help at home by revising the sight words with their child on the blue ring cards sent home. (If your child knows the words they have, please return them to school for new ones to be added).

Our seniors are developing their computer and writing skills by using word processing programs to help edit their work and to

experiment with different ways to publish. Please enjoy Jamie's recount of the Rural Fire Visit.

Good luck to Lauren and Amber who will be joining with Goolgowi's Mortimer Shield side to compete in the league tag competition on Wednesday 25<sup>th</sup> May at Griffith.

Also good luck to Georgia, Lauren and Amber who will be representing our school at the Area Cross Country Carnival at Deniliquin on Friday 3<sup>rd</sup> of June.

### FUN DAY

On Tuesday 31<sup>st</sup> May the Priority School's Program will run a 'Fun Day' at school starting at 9.30 am.

Activities include:

- Lip gloss
- Fizzy bath bombs
- Fishing pond
- Squeaky clean bubble bath
- Easy peasy soap at home

**and parents are invited to come along and join in.**

### HOMEWORK

It's great to see so many children completing their homework every week. Thanks to parents for your support. It is a good habit for children to develop.

### HANDS OFF AT SCHOOL

With a number of siblings at our school we are working on reminding children that we need to be safe at school by keeping our hands and feet to ourselves, and we cannot hurt other people.

### MORTIMER SHIELD

*Good luck to those participating in the Mortimer Shield on the 25<sup>th</sup> May.*

Lesla Bevan,  
Principal

### KATH POWDERLY POTTERY WORKSHOP

We were fortunate to have Kath Powderly visit our school again for a two day workshop. This time Kath brought 6 pottery wheels with her. The students made owls and some fantastic pieces on the wheel.



*These pottery wheels are 'wheely fun!'*



*Jamie with his creation*



*Moulding the clay in the shape of an owl (this was a wise activity)*

## JUMP ROPE FOR HEART

This year we will once again be involved in the 'Jump Rope for Heart' program.

Please find attached to the newsletter, a sponsorship form and helpful tips from The Heart Foundation. We will be practising our skipping until our 'Jump Off Day' on Tuesday 21<sup>st</sup> June, 2011.

More information will follow, but you can start collecting your sponsors now.

## THANK YOU

Thank you to the P & C for offering to hold special lunches. Our special lunch last week was pasta with mince, popcorn and a popper. A big thank you to Kerri Mijok for cooking and also to Geraldine Blair for heating and serving the meals and for cleaning up afterwards. Everybody enjoyed their meals, especially the staff!

This week special lunch will consist of:

- 2 mini pizzas
- Small packet of plain chips
- Flavoured milk

Please return your order form and money by Thursday.

## STUDENT OF THE WEEK



**Lachlan - Week 3**

*Awarded for:*

***Excellent application to his work***

## MINI AWARD RECIPIENTS – Week 3

Jamie, Tom, James, Georgia & Lauren.

*Congratulations to all recipients.*

## HOMEWORK AWARD RECIPIENTS – Week 3

Georgia, Nicholas, Chontelle, Lachlan, Sarah, Amber, Sam, Lauren, Abbey and Georgia.

It is great to see so many people return their homework. Keep up the great work!

## STUDENT OF THE WEEK



**Nicholas – Week 4**

*Awarded for:*

***Working hard on his letter names and sounds***



**MINI AWARD RECIPIENTS – Week 4**

James, Nicholas, Sam x 2, Chontelle x 2, Sarah, Shane, Georgia x 2, Amber, Lauren and Tom x 2.

*Congratulations to all recipients.*

**HOMEWORK AWARD RECIPIENTS – Week 4**

James, Nicholas, Sam, Chontelle, Sarah, Amber, Georgia, Lauren and Tom.

It is great to see so many people return their homework. Keep up the great work!

**ART AND CRAFT**

The juniors painted autumn trees in art last week. They have been learning about the seasons of the year.



**Nicholas**

*I am painting a tree, it's leaves are getting lighter in colour because it's Autumn*



**James**

*I am painting a tree with brown, yellow, red and orange leaves because it's Autumn*

**RURAL FIRE SERVICE VISIT**

Last week the Rural Fire Service visited our school and taught the children about fire safety. They also held a demonstration of how to put a fire out. All of the students got to sit in the fire truck which they enjoyed.

Here is Jamie's recount of the visit:

Today the Rural Fire Service came to our school. They lit a fire and then they put it out. Next we lined up and we got to have a go at the hose and then we knocked the cones over. After that we lined up and we hopped up into the truck.

Finally we hopped out of the truck and then we went to recess. It was a fun day.



*Sean putting out the fire*

**LIBRARY DAY**

School library day is on Wednesdays. Please remember your library bags everybody. Happy reading!

**SPECIAL LUNCH**

The Carrathool Public School P & C are holding a 'Special Lunch' this Friday. Lunch will consist of 2 mini pizzas, small packet of plain chips and a flavoured milk, all for the price of a low \$4. If you would like your child/children to have a special lunch, please return your note and send in money at the same time. Enjoy!



## SCHOOL BANKING

School banking day is Fridays.

## TENNIS

Due to the inclement weather on 13<sup>th</sup> May, we were unable to hold a tennis lesson. Mr. Cronin will now come for his last lesson on Monday 6<sup>th</sup> June.

## COMMUNITY NOTICES

If you need community notices advertised in our newsletter please ring the school or fax your notice to the following numbers:

Phone 69 935 143

Fax 69 935 002

## ATTACHED TO THE NEWSLETTER

- Jump Rope for Heart Sponsorship form
- Heart Foundation – Practical ideas for parents and carers



## Choose water as a drink

Drinking water is the best way to quench your thirst. Even better, it doesn't have all the extra sugar found in fruit drinks and juices, soft drinks, sport drinks and flavoured mineral waters.

It's okay to have sweetened drinks sometimes- but not every day.

**Did you know that 250ml of fruit juice or soft drink contains the equivalent of approximately 6 teaspoons of sugar?** Add it up: if one teaspoon contains 4 grams of sugar, just one drink a day puts almost an extra 9 kilograms of sugar into your system every year!

### Why drink water?

- ❖ It helps prevent decay and holes in your teeth.
- ❖ The fluoride found in tap water in most

areas helps you develop strong teeth.

- ❖ Tap water costs a whole lot less than other drinks.

Often we don't feel thirsty, even when our bodies need fluid. That's why it's a good idea to drink water regularly during the day, and especially when it's hot.

It's also important to make sure you drink water before you play sport or games. Drink plenty afterwards so you make up for what you've lost through sweating.

## How much should I drink each day?

AGE	BOYS	GIRLS
All children 4-8 years- 1.2 litres per day = 4-5 glasses		
9 – 13 years	1.6 litres per day = 6 glasses	1.4 litres per day = 5 glasses
14-18 years	1.9 litres per day = 7 glasses	1.6 litres per day = 6 glasses
Adults	2.6 litres per day = 10 glasses	2.1 litres per day = 8 glasses

Remember, you need to drink extra water on hot days and during moderate or vigorous activity.

**FOR MORE INFORMATION, CONTACT HEALTHY HAY PROJECT OFFICER MISTY HOWARD ON 0488 181 352.**

## MOBILE LIBRARY

*Carrathool Public School*



**16<sup>th</sup> June, 2011**

*2.45 – 3.00 for students*

*3.00 – 3.15 for residents*



**All welcome!**