# **Peppercorn Press**

#### **Carrathool Public School**

Glover Street, Carrathool NSW 2711 T 02 6993 5143 F 02 6993 5002 Email <u>carrathool-p.school@det.nsw.edu.a</u> www.carrathool-p.schools.nsw.edu.au

#### Term 3– Week 2

Coming Events

#### Term 3

Thursday	24 July	Scripture/Archery Lessons
Friday	25 July	Mini Assembly @ 2.45 pm
Monday	28 July	School Counsellor @ School
Tuesday	29 July	Junior Excursion to Griffith
		Regional Theatre/Hunky Dory
Thursday	31 July	Archery Lessons
Wednesday	6 August	P & C Meeting @ 9 am
Thursday	7 August	Scripture/Archery Lessons
Friday	8 August	Mini Assembly @ 2.45 pm
1		

# Principal's Report

Welcome back to Term 3. Students and staff have had a relaxing and safe holiday and have come back feeling renewed and ready to work hard this term, except for last Friday when they came to school in their pyjamas and they thought they could sleep!



Students are looking forward to Archery in sport this term. The Year 5/6 camp to Ballarat's Sovereign Hill will be held in the last week of this Wednesday 23rd July, 2014

term. This will be held in conjunction with Hay Public School.

We will be tending to our vegetable garden once again this term. Thank you to Mrs Headon for your expertise in this matter! The students really enjoy planting, nurturing and eating their produce!



Leanne Hedt, Relieving Principal

## Mobile Library



Students were glad to see the return of the mobile library last week!









### <u>Sport</u>

In Term 3 we will be having Archery for sport. Kim Neale from Griffith PCYC will be conducting the lessons from 12.00 – 1.00 every Thursday during Term 3. Our first lesson will be tomorrow and the children are looking so forward to it.



# Wood Raffle



Congratulations to Smurk (a.k.a. Keith Warner) for winning the P & C Wood Raffle!

Thank you to everyone who bought tickets. While we're on the subject of P & C Raffles, congratulations to the Ray Family, who won a meat tray last Friday night! Believe it or not, the second prize (another meat tray) went to Smurk!

#### School Captain's Report

We've had a great start to this term. The chooks are happy we are back and the gardens are full of healthy vegies!



Last Friday we had a pyjama day to raise money for the Pyjama Foundation. We also had pub lunch which everyone loved!

In Art this week we did splatter painting which was heaps of fun. We did this by flicking paint off our paint brushes onto paper. It was very messy!

Hopefully this week we will have archery. Everyone really can't wait for Thursday because that's our sports day!

Sarah Merrylees, School Captain











### Thank You!

Thank you to the Blair family for replenishing the sand in our sand pit. Major excavation work is now underway!



Anthony enjoying the new sand!

Carrathool Combined Sports Club (incorporating Hall Committee) would like to advise that their AGM will be held on the last Sunday of September – 28<sup>th</sup> September, 2014. All Welcome!

#### Hay Carer Support Group

An opportunity for mutual support, sharing in a confidential setting and to hear informative speakers Alzheimer's Australia NSW Dementia Helpline 1800 100 500

When: 1<sup>st</sup> Wednesday monthly

Venue: Community Health Centre, Hay

Time: 10.30 am

Contact: Merylise 69602835

Hay Carer Support Group

#### **Community News**

If you need community notices advertised in our newsletter please ring the school or fax your notice to the following numbers:

Phone69 935 143Fax69 935 002

Carrathool Combined Sports Club (incorporating Hall Committee) would like to advise that their meetings are held on the last Sunday of the month at 10 am.

Next Meeting will be held on

Sunday 27<sup>th</sup> July, at 10.00 am.

ALL WELCOME



Harry with his cauliflower







#### Term 3– Week 2

#### Wednesday 23<sup>rd</sup> July, 2014

### Newsletter Briefs

#### Flu season is here!

Influenza is spread from person-to-person through the coughing or sneezing of infected people. Remind your child about these good hygiene practices to minimise the spread of infection:

- Anyone who is sick with influenza symptoms should stay home until their symptoms are gone.
- Cover the nose and mouth with a tissue when coughing or sneezing. Throw the tissue in the garbage bin after use.
- Wash hands often with soap and water, especially after coughing or sneezing.
  Alcohol-based hands cleaners are also effective.
- Avoid touching eyes, nose or mouth. Germs spread that way.

If you or your child develops influenza-like illness, seek the advice of your family doctor as you would with any other illness.

The seasonal influenza vaccine, which protects against the pandemic influenza strain as well as two other influenza strains, is now available free to eligible people. More information about the vaccine is available from the NSW Health Immunisation Unit's <u>vaccination page</u>.

Previous vaccination with the pandemic influenza vaccine, Panvax<sup>®</sup> is not a barrier to also receiving the seasonal influenza vaccine.







# HENDERSON EARTHMOVING

Bryan and Liz Henderson PO Box 1143 Deniliquin 2710

Phone Bryan 0429 814 434 Phone Liz 0427 814 434

Specialising in earthmoving, excavation and land development and site preparation

Currently working in the area Please contact above numbers for More information



# Elizabeth Barber

Bachelor Physiotherapy (Hons)

- Sports injuries
- Balance, neurological and vestibular disorders
- Headache, neck and back pain
- Postoperative rehabilitation

#### *Now practising at:* Hay Community Health Centre (Hay Hospital)

*(Free service)* Phone: 6990 8700

Your Health Griffith 105 Binya Street, Griffith Ph: 6962 7661 (Billable service)

Tristar, Hay 351 Murray Street, Hay Ph: 6993 1900 (Billable service)

Page 4