

# Peppercorn Press

## Carrathool Public School

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[www.carrathool-p.school.nsw.edu.au](http://www.carrathool-p.school.nsw.edu.au)

Term 4 – Week 2

Thursday 20<sup>th</sup> October 2016

Tuesday	-School Library
Wednesday	-Mobile Library (Monthly)
Thursday	-Student Banking (Bank books)
Friday	-Sport (Sports Uniform)

Students have been prolificantly writing and assessing themselves using the Literacy Continuum. Goals are being set and met already! Well done students.

### CALENDAR:

Mobile Library Days – Wednesday 9<sup>th</sup> and 30<sup>th</sup> November.

Playgroup Days – Friday All welcome.

#### Week 2

Wed 19<sup>th</sup> – Pub Lunch

#### Week 3

Tues 25<sup>th</sup> – Milo Cricket @ Hay

#### Week 4

Thurs 3<sup>rd</sup> Nov - Count Us In Music

#### Week 5

Thurs 10<sup>th</sup> & Fri 11<sup>th</sup> Nov - 2016 Aspire Me Art Camp

#### Week 7

Thur 24<sup>th</sup> Nov – Big Bash Cricket @ Deniliquin

#### Week 8

Tues 29<sup>th</sup> Nov – Performance by Reverend Jesse

#### Week 9

Thurs 8<sup>th</sup> & Fri 9<sup>th</sup> Dec – Borambola Small Schools Camp

We would like to say a big warm **welcome to Stella**. Stella started in Year 3 with us last week! We love having you at Carrathool!!



**Congratulations** to Mrs Lesa Bevan on her promotion to Teaching Principal 2 at Harwood Island Public School. Lesa started her position with Harwood Island Public School this term! We wish her all the best in her future endeavours. The position of Teaching Principal 1 will be advertised in the near future.

## Flood Waters

We are looking forward to seeing some of our teachers again when the flood waters abate. Since roads have been closed we are missing them!

**Welcome Back!** We hope everyone enjoyed their holidays and we would like to welcome all the students back to Term 4.

This term will be another extremely busy and valuable term. There are many opportunities that children will be involved in, in sports, The Arts and cultural events.





There will be a **whole school excursion** to Goolgowi Public School this Thursday, 20<sup>th</sup> October, to participate in various Aboriginal activities and discussions with Mark Saddler. We would like to remind parents that children will need to bring a packed lunch, drink bottle and hats on the day.

### **SASS Appreciation Day**



SASS Staff appreciation day was celebrated with a shared afternoon tea for Mr Keith Warner, General Assistant, Mrs Mary Gilbert, School Learning Support Officer, and Mrs Sharyn Headon, School Administration Manager. We appreciate all the work you do for our school!

### **Captain's Report**

By Benjamin

Tomorrow we are off to Goolgowi to see Mark Saddler for an Aboriginal Cultural day.

This term the students are also looking forward going to Hay and Deniliquin for cricket.

We have already had one takeaway lunch and are excited to have another one soon. We will also make some healthy lunches with produce from our garden!

### **Tell them from me Parent Survey**

Would all parents please complete the online survey before lunchtime this Friday 21<sup>st</sup> October?

Details to log on were given out separately. If you need another copy please contact the school on Friday morning.



Cupcakes cleverly decorated by the students and donated by Mrs Keighley Cameron on our last day of Term 3. We recognise Cupcakes for a Cure Day. Thankyou Mrs Cameron.

### **Lunchtime Play**

Now the ground has dried out, students are enthusiastically using the AFL goalposts. Thanks to the Carrathool Shire for the grant and parents for erecting them!

The sandpit is also being fully utilised by all year levels. Lots of excavator drivers and engineers in the making!



# Community News

If you need community notices advertised in our newsletter please ring the school or fax your notice to the following numbers:

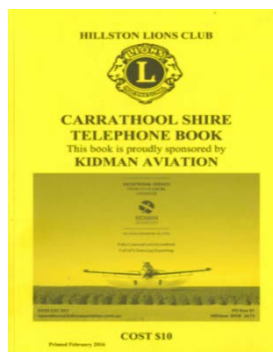
Phone 02) 69 935 143      Fax    02) 69 935 002

## Playgroup

Playgroup meets each fortnight. All are welcome to attend.

## Local Phone Book

The Hillston Lions Club has kindly donated Carrathool Shire Phone Books to the school. Copies are available for purchase from the school for \$10 each and all money raised will go toward excursions.

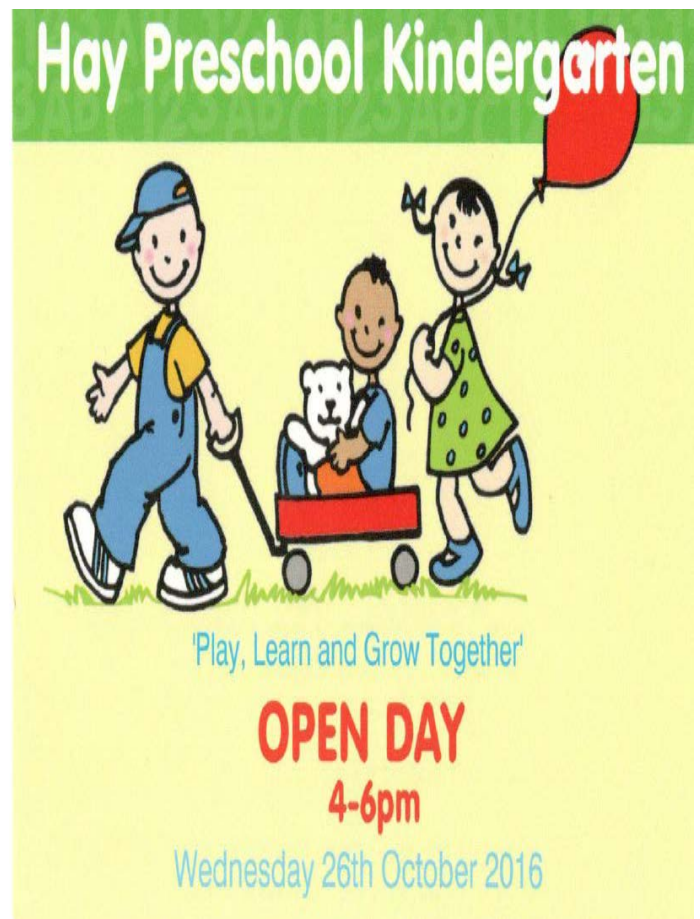


## Hobby/ Exercise Clubs

Is there anyone in the community that would like to run a class, or hobby group, at the school? Would you like to take a class using "Just Dance", sit and knit with others over a cuppa, complete scrapbooking pages or start an exercise, book or computer skills club?

Are there people that interested to attend, but wouldn't like to run it?

For all enquiries, please contact the school.



## A Quick Bite ...

### Breakfast: Quick, Healthy Ideas for a Great Start

Here are some quick and healthy breakfast ideas that even children can prepare. Encourage your child to have a go at getting their own breakfast ready as they grow and their skills develop.

- Fresh fruit
- Wholemeal or multigrain toast with toppings such as cheese, baked beans or avocado
- Porridge – quick oats
- Muffins
- Crumpets
- Yoghurt
- Cereals such as muesli or wheat flakes
- Boiled egg with toast

Acknowledgement: <http://www.betterhealth.vic.gov.au/>



For more information visit

[www.mlhd.health.nsw.gov.au/services/health-promotion-1](http://www.mlhd.health.nsw.gov.au/services/health-promotion-1)

Live Life Well  
@ School

NSW  
Health  
Murrumbidgee  
Local Health District







## Sport and Recreation's Swim and Survive lessons

Australian summers usually involve plenty of fun in and around the water, but no parent should forget how important it is to make sure children stay safe.

Sport and Recreation's Swim and Survive classes for preschoolers and school-aged children help youngsters learn important ways to be safe and enjoy our pools, rivers, beaches and lakes.

The intensive nine-day programs provide wonderful results, and are great fun as well. Plus, family discounts make our program affordable for all the children in the family.

Sport and Recreation runs Swim and Survive classes in pools throughout regional NSW.

Our instructors are nationally qualified and screened for their suitability to work with children.

Prices for nine lessons are \$70 for school-aged children and \$50 for preschoolers (prices exclude pool entry fee).

For more information or to make a booking, visit [sportandrecreation.nsw.gov.au/swimandsurvive](http://sportandrecreation.nsw.gov.au/swimandsurvive) or phone 13 13 02

