

Peppercorn Press

Carrathool Public School

Glover St, Carrathool NSW 2711

Tel: 02) 6993 5143 Fax: 02) 6993 5002 Email: carrathool-p.school@det.nsw.edu.au

www.carrathool-p.school.nsw.edu.au

Term 4 – Week 10

Thursday 15th December 2016

Tuesday	-School Library
Wednesday	-Mobile Library (Monthly)
Thursday	-Student Banking (Bank books)
Friday	-Sport (Sports Uniform)

CALENDAR:

Playgroup Days – Every second Friday. All welcome.

Week 10

Thurs 15th Dec – Presentation Night.

Fri 16th Dec – Last Day of School for Students.

Tues 20th Dec – Last day for Staff.

2017

Friday 27th January – First Day of School.

2017 Term Dates

Term 1 – Mon 30 Jan to Fri 7 April.

Term 2 – Wed 26 April to Fri 30 June.

Term 3 – Tues 18 July to Fri 22 Sept.

Term 4 – Mon 9 Oct to Fri 15 Dec.

Principal's Report

What an amazing two and a half weeks to finish the term! Carrathool Public School were treated to a visit from Mrs Judy Zappacosta from **Live Life Well** who was able to tell us we are complying with all ten healthy strategies set down for the Live Life Well Program. We have enjoyed a wonderful Healthy Lunch of bacon and egg pies. The students thought they looked rather dubious at first, but tasted delicious.



Eliza has been to visit for **transition** once more and the students have been treated to minor games in the **Darlington Point swimming pool**. What a fantastic way to participate in PE in this warm weather! Thanks to Keighley and Francis for running the water netball and games.

The **appointment of the new Principal** is ongoing, and will be made as soon as possible, and announced thereafter.

Since our last newsletter we have also attended the **Small Schools Camp at Borambola** and had a wonderful time with students from other schools.



Much appreciation is underway for the **Presentation Night tonight**. We welcome everyone in the community to come and join us.

The night will begin at **6:30pm (please have students here at 6:15pm in full school uniform)**. We would like to ask if the **parents could please provide a plate of supper**.



You are invited to
Presentation Night

6:30pm Thursday 15th December 2016

Carrathool Public School

Glover Street, Carrathool

Supper will be served after presentations

Tickets will be sold for a P & C Raffle

RSVP for catering purposes
Thursday 1st December

Carrathool Public School:
Phone 02) 6993 5143
Fax 02) 6993 5002
Email carrathool-p.school@det.nsw.edu.au

Students sang at the **Carols by Candlelight** at the Hay Railway Station on Saturday 3rd December.

The school received an email from the organiser, Jo Schade, saying **"Your pupils performed at the Carols last night and they sang loud and proud!"**

Students were invited up on stage to join Sing Australia in Joy to the World. **"They did so well, the emcee asked them to repeat their performance! We hope they will join in again next year."** Well done students on your performance and thanks go to the parents who took the children in. Thanks to Jo Schade for her wonderful organisation and her support of small schools. It was a lovely evening enjoyed by all.

I wish everyone a happy holiday and a Merry Christmas.

Students return on Monday 30th January 2017.



Captain's Report

By Benjamin

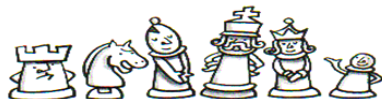
On Thursday and Friday last week we went to Borambola where we participated in a lot of activities with other Small Schools. Some activities we participated in were rock climbing, canoeing and archery. Some highlights of the camp were when lots of kids hit trees in their canoes. I achieved a personal best when I went higher than I ever have before on the rock climbing wall. Thank you Mrs Hedt, Mrs Clarke and Mrs Tuohey for transporting us and for a wonderful time.

At the Hay Railway Station on Saturday 3rd December, we attended the Carols by Candlelight. We sang some songs along with the other Carollers as well as singing 'Joy to the World' and 'Jingle Bell Rock' with the Sing Australia ladies. It was a great night.

I hope everyone has a very Merry Christmas and a Happy New Year.







Summer 2017 Western Riverina Junior Chess Tournament in Griffith

- WHERE:** St. Patrick's Primary School Hall, Griffith
(Warrambool St)
- WHEN:** Wednesday 25th January 2017
(last week of the school holidays)
- TIME:** 9:15 am to 3:45 pm
- ENTRY FEE:** \$10 [\$15 for a family] payable on the day.
- OPEN TO:** Anyone under the age of 18 who likes to play chess
- PRIZES:** Trophies for 1st, 2nd & 3rd in U18, U12 & U10
- REGISTER BY:** 22nd January 2017 by contacting:
Noel Maddern Ph 0428 887 626
or by email: noel.maddern@det.nsw.edu.au
- WHAT TO BRING:** Lunch & refreshments [soft drink and water for sale]

*You don't have to be a great chess player, as this is a fun tournament,
but knowledge of the rules is required.
The results will be sent to the NSW Junior Chess League for ratings.*

Chess: the clever sport

The Athlete's Foot SCHOOL REWARDS PROGRAM

A PROUD SUPPORTER OF
CARRATHOOL PUBLIC SCHOOL

**\$5 IS DONATED BACK
TO YOUR SCHOOL**
FROM EVERY PAIR OF SHOES PURCHASED*

The School Rewards Program is a great fundraising opportunity with \$5 from every pair of shoes purchased being donated back to your school.

This applies to the whole family across our fantastic range of school, sports, work and casual shoes. Ask one of our friendly staff in store for more details!

*See theathletesfoot.com.au/school-rewards for more details

The Athlete's Foot

GRIFFITH Ph: (02) 6964 2231

A Quick Bite ...

Sleep hygiene—what's that?

Is bedtime a struggle at your place? A simple, predictable routine, or good sleep hygiene, might make a huge difference!

Your child may want to stay up later and seem full of beans, but that doesn't mean they don't need sleep! Well ahead of bedtime let your child know what you expect – discuss some rules



including a set bedtime. Avoid stimulating activities and have some calming activities before bedtime.

Avoid confrontation and revisit the rules so that they know what to expect. Tuck your child into bed and leave their room while they are still awake. If they call you or come out, avoid discussion, return them to bed, remind them it's time for sleep and 'be boring'!

Acknowledgement: Melbourne Children's Sleep Centre

For more information visit

www.mhhd.health.nsw.gov.au/services/health-promotion-1

Live Life Well
@ School



Health
Murrumbidgee
Local Health District



Merry Christmas

