

Peppercorn Press

Carrathool Public School

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Term 3 – Week 7

Friday 1st September 2017

CALENDAR:

Playgroup – Every Wednesday 9am-11am
Everyone is welcome.

Mobile Library – 6th September; 11th October

Week 8 – Wed 6th Sept - NAPLAN Online
- 9th & 10th Sept – Hay Show

Week 9 – Wed 13th – Fri 15th Sept – Ballarat
Excursion.

Week 10 - 21st Sept - Book Week Dress-up Day
- Fri 22nd Sept – Last day of School
Term 3.

Term 4 – Tues 10th October 2017 – First day of
Term 4 for students.

Principal's Report

Our whole school **excursion to Ballarat** is rapidly approaching and students have been very busy in the classroom learning about the Australian Gold Rush, the Eureka Stockade, and the effects both events had on the development of Australia as a nation. Our excursion will be filled with exciting opportunities to consolidate this learning, with visits to Sovereign Hill, the Museum of Australian Democracy at Eureka and the Blood on the Southern Cross sound and light show. We are all extremely excited and can't wait for Week 9 to arrive.

Last Friday I had the pleasure of taking Ben Merrylees, Cassidy Dewson Carvell and Breeanna Clarence to Hay for the **CWA Public Speaking Competition**. All students overcame their nerves and spoke clearly and confidently before a large audience. Their willingness

to have a go at something new is to be admired. Well done to you all.

Our school **NAPLAN** results have arrived and it is pleasing to note our students' learning growth in both Literacy and Numeracy. Next week will see our Year 5 students sit the **NAPLAN online trial**, participating in two, one hour tests. From 2019, all states of Australia will conduct NAPLAN online.

This week is **School Administrative and Support Staff Recognition Week** and, on behalf of Carrathool Public School, I'd like to show our appreciation of Mrs Sharyn Headon, our School Administration Manager, and Mrs Mary Gilbert, our School Learning Support Officer. Both ladies are invaluable to our school. A big Thank You to them both.

We will celebrate **Book Week on Thursday 21st September** (Week 10) with a dress up theme of **"Escape to Everywhere"**. We will also conduct our end of term assembly on the same date.



Enjoy your week,
Mary-Ann Headon
Relieving Principal



Captain's Report

Over the last few weeks we have been busy practicing our speeches for the CWA Public Speaking Competition. Cassidy, Breeanna and Ben were chosen to represent the school by Director Mr Mott. They did very well and I would like to say congratulations to them. Thank you to Mrs Headon for taking them in and helping them prepare.

We have been practicing Home among the gumtrees, Can't help falling in love and Santa Clause is coming to town on our ukuleles. Everyone is doing a great job learning all the chords.

Our high jump mats finally arrived and we have been jumping over the high jump bar in lunch time and recess. It is really fun trying to get over the bar. Even the littler children are having a go!

By Sam Merrylees.

together and added a thin piece of balsa wood onto the back for looks.

After trialling it, we then needed to make a modification. We shaved a bit off the back in order for the wheels to touch the ground and the chariot to move forward once we placed the sphero in the box at the front.

By Sam and Dean.



Literacy news.



Sphero Challenge

Our challenge was to make a chariot that is operable by a sphero out of materials around the classroom.

Materials we used were balsa wood, circular cardboard lids and boxes, paddle pop sticks and glue.

To make our chariot, we made an axle out of small metal rods, hammered the axle into the middle of the wood, then put cardboard boxes on for the wheels. After that we glued little pieces of paddle pop sticks onto the axle to prevent the wheels from falling off. Then after putting holes in the cardboard box and sliding the two paddle pops through, we glued it all

Mum I found gold
today in the
Mine while I was
digging said Ben.



Community News

If you need community notices advertised in our newsletter please contact the school either by phone, fax or email.

Phone: 02) 69 935 143 Fax: 02) 69 935 002

Email: carrathool-p.school@det.nsw.edu.au

Playgroup

Playgroup meets each Wednesday in the library at the school. All are welcome to attend.

Cleaner Wanted

Cleaner wanted for 1 day a week at a large family homestead. Happy to work around school hours. Duties include general cleaning, washing and maintenance. Please call **Liz** on **0438 312 185** for more information.



Sports Club

The Sports Club would like to advise that they will meet on the last Sunday of every month at 10am at the Community Hall.



Drum Muster

The Carrathool Shire Tip is the collection site for any 'clean' chemical drums. The drums need to be cleaned and sighted by an inspector. Once this is done, and paperwork completed, the drums can be dropped off at the collection site.

Training is available to anyone who would like to become an inspector and is free of charge.

The Carrathool P & C receive a small amount (\$0.25) per drum once they have been collected by

a contractor. The site has already collected 11,249 drums to date.

Collection is usually made for 500 drums approximately 2-3 times a year. If anyone has 1,000 drums or more, collection can be made directly from the property.

For more information please visit the website www.drummuster.com.au.

Telstra Tower Upgrade to 4G

The residents within the shire of Carrathool having issues with Telstra are invited to provide their name and/or business to start a campaign to have the Telstra Tower at Carrathool upgraded to 4G. In order to do so please supply the following details:

Mobile Phones and Broadband

Businesses – Business name and all numbers associated

Individuals – Name and number

(Please clarify if mobile phone or broadband when giving details).

Please supply your details to Kerry Aldred either by calling 02) 69935 012 or via email to

admin@coonarafarming.com.au



A Quick Bite ...

How Much Dairy and Grains to put in a Lunchbox?

We all want to make sure our children are getting enough dairy and grains in their day, but what is the right amount to put in their lunchbox?

- Try to plan your lunchbox to have $\frac{1}{2}$ to 1 serve of dairy and $1\frac{1}{2}$ to 2 serves of grain foods for a younger child and older child respectively.
- Examples of dairy serves are: 250 ml milk, 40g cheese, $\frac{3}{4}$ cup of yogurt, 250 calcium fortified soy milk, 2 slices of cheese, 200g tub fruit yogurt, 200g tub custard snack pack (children over 2 reduced fat)
- Examples of grain food serves are: 1 slice of bread, $\frac{1}{2}$ cup of breakfast cereal, $\frac{1}{2}$ cup of cooked rice, $\frac{1}{2}$ cup of cooked pasta, 2 thick rice cakes, 2 pikelets, 10 rice crackers, 1 slice of fruit loaf, 3 corn thins, 1 English muffin, $\frac{1}{2}$ pita pocket bread, $\frac{1}{2}$ bread roll



For more information visit

www.mlhd.health.nsw.gov.au/services/health-promotion-1

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@ School



Health
Murrumbidgee
Local Health District



A Quick Bite ...

How Much Fruit and Veg should you pack in a lunchbox?

The lunch box should represent approximately $\frac{1}{3}$ of your child's daily nutrients.

- Try to plan your lunchbox to have $1\frac{1}{2}$ to 2 serves of vegetable and $\frac{1}{2}$ to 1 serve of fruit for a younger child and larger child respectively.
- Examples of vegetable serves include: 1 cup of cucumber or carrot sticks, 1 medium tomato, $\frac{1}{2}$ cup of broccoli florets, $\frac{1}{2}$ cup of corn, $\frac{1}{2}$ medium potato, 1 cup of salad, $\frac{1}{4}$ cup of hommus, $\frac{1}{2}$ cup of bean mix.
- Examples of fruit service include: 1 medium banana, 2 mandarins, 2 kiwi fruit, 2 small apricots, 6 large strawberries, 4 dried apricots, 1 medium bunch of grapes, 2 small plums, 1 medium orange, 1 medium apple, 1 cup of tinned fruit



For more information visit

www.mlhd.health.nsw.gov.au/services/health-promotion-1

Live Life Well
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Health
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A Quick Bite ...

Safe active travel

If your child is walking, cycling or scooting to school or early childhood education and care, ask them to:

- Hold a grown up's hand when walking on paths, crossing roads or in car parks.
- Stay on footpaths, shared paths or if needed, roads, with low speed limits.
- Cross roads at traffic signals, zebra crossings or other points where traffic slows and use refuge islands.
- Stop! Look! Listen! Think!
Be sure to check and double check all traffic directions before crossing to ensure it is safe to cross roads.
- Make eye contact with drivers before crossing roads.



For more information visit:
www.safetytown.com.au

For more information visit

www.mlhd.health.nsw.gov.au/services/health-promotion-1

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Health
Murrumbidgee
Local Health District



A Quick Bite ...

Confused? How Much Meat or Meat Alternative and Water to put in a Lunchbox?

We all want to make sure our children are getting enough meat or alternatives in their day, but what is the right amount to put in their lunchbox? The lunchbox should represent approximately $\frac{1}{3}$ of your child's daily nutrients.

- Try to plan your lunchbox to have $\frac{1}{2}$ serve for younger children to 1 serve of meat or meat alternative for an older child.
- Serve examples include: 65g of cooked red meat, 80g of cooked chicken, 100g of tinned or cooked fish, 1 cup of cooked legumes, 2 large eggs, 1 cup of baked beans, 65g of ham (1 and half slices), $\frac{1}{4}$ chicken breast in strips, 2 small meatballs, 1 chicken drumstick, 1 small tin of tuna, 170g of tofu
- Always include one bottle of water for your child who can then refill through out the day.



For more information visit

www.mlhd.health.nsw.gov.au/services/health-promotion-1

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Fact sheet for parents and carers

The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual national assessment for students in Years 3, 5, 7 and 9. Planning has begun to move NAPLAN from a pen and paper assessment to an online assessment.

What are the benefits of NAPLAN Online?

Results will be faster and more precise

- Your child's individual results will be returned to you within just a few weeks of the NAPLAN testing.
- Online assessment will reduce the time it takes to mark and provide feedback to schools, teachers and parents.
- Improved precision and timing of results will help teachers to tailor their teaching more specifically to address students' learning needs.

Tailored tests will provide better assessment

- The online format allows for 'tailored testing', where the test adapts to a student's performance and asks questions that match their achievement level.
- Students in each year level start with the same set of questions which can then branch into a different set of questions based on their responses to the first set of questions.
- This means that students will be directed to questions that may be easier or more challenging depending on their responses.
- This test design will allow students to better demonstrate their literacy and numeracy skills.
- Students find online assessment is more engaging*, which means they are encouraged to persist longer and try harder.

* Research by the Australian Curriculum, Assessment and Reporting Authority (ACARA) into online assessment has shown that students have engaged well with electronic tests.

NAPLAN Online School Readiness Test

NSW schools will participate in a school readiness test between 14 August and 22 September 2017.

The school readiness test is a 'practice run' for schools to assess their technology ahead of NAPLAN Online. The readiness test is not an assessment of student ability. The readiness test allows schools to:

- become familiar with the NAPLAN Online test format and processes
- check whether they have the technical capacity, rooms and devices to administer NAPLAN Online
- provide students in NAPLAN years 3, 5, 7 and 9 with the opportunity to experience the online test question types and format by completing a practice NAPLAN online test.

For more information

Parents, students and schools interested in familiarising themselves with the NAPLAN Online format can access the NAPLAN Online demonstration site that includes sample tests for each NAPLAN year. Use the following link:

<http://www.nap.edu.au/online-assessment/naplan-online/naplan-online-public-demonstration-site>

Further information about NAPLAN Online is available on the national ACARA website:

<http://www.nap.edu.au/online-assessment/naplan-online>

Contact your school principal or visit the ACARA NAP website for more detailed information:

<http://www.nap.edu.au/online-assessment/online-assessment.html>





Frequently asked questions

Which students will participate in the NAPLAN Online School Readiness Test?

Students in Years 3, 5, 7 and 9 will participate.

How should I prepare my child for the NAPLAN Online School Readiness Test?

Your child will not need any academic preparation for the school readiness test. This is not a test of their literacy and numeracy skills, but an opportunity for them to experience the online test format and for their school to assess its online testing capability.

How long is the school readiness test?

The school readiness test is expected to include two assessments: a writing assessment* and a combined numeracy/literacy assessment. The duration of each assessment will be approximately 40 minutes.

** Year 3 students will only be expected to complete the combined numeracy/literacy assessment.*

When will my school participate in the readiness test?

One week within the test period in August and September will be identified for each school to conduct readiness testing.

How will students be prevented from using the internet or spellcheckers when completing the test?

The NAPLAN Online assessment platform will have state-of-the-art security protections. The assessment is delivered inside a locked-down browser. This ensures students cannot access the internet or spellcheckers while completing the test.

Will schools and parents be provided with information on the results of the readiness test?

There will be feedback to schools about the technical information gained from the readiness testing. There will be no reporting of student test results from the readiness test.

