



Carrathool Public School

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Term 1 Week 6

Thursday 5th March 2020

2020 NSW term and vacation dates

Term 1 (Eastern) - Tuesday 28 January to Thursday 9 April

Term 1 (Western) - Tuesday 4 February to Thursday 9 April

Autumn vacation - Monday 13 April to Friday 24 April

Term 2 - Monday 27 April to Friday 3 July

Winter vacation - Monday 6 July to Friday 17 July

Term 3 - Monday 20 July to Friday 25 September

Spring vacation - Monday 28 September to Friday 9 October

Term 4 - Monday 12 October to Friday 18 December

Summer vacation (Eastern) - Monday 21 December to Tuesday 26 January 2021

Summer vacation (Western) - Monday 21 December to Tuesday 2 February 2021

Term Dates 2020

Coming Events Term 1 2020

18 March - P & C Meeting

21 March - First Aid Course

1 April - Circus Oz

10 April - GOOD FRIDAY

Super Friday Dates

Friday 21 February

Friday 6 March

Friday 20 March

Friday 3 April

Principal's Report

Congratulations to **Lincoln Dewson Carvell** who was Carrathool Public School's participant in the recent Small Schools/Hay PS swimming carnival and the Deniliquin District Swimming Carnival. Lincoln swam in the freestyle and breaststroke at the carnivals, swimming a **Personal Best** time and coming 7th overall in 10 years boys freestyle at the District Carnival. You can't get any better than a PB! Well done, Lincoln.

Carrathool Public School will be conducting a **First Aid course in Saturday 21st March**. This fully accredited course is open to members of the community who may need to provide First Aid as part of their sporting or community club or within their workplace or home. The course will begin at 8.45 am and conclude around 3pm and will cost \$100 per participant. Each participant will need a USI number. Please contact the school for more information or to register your interest.

We have a variety of staff at Carrathool Public School, in the office, the grounds and in the classroom. The role of School Learning Support

Office (SLSO) is an important one and we are lucky to have Mary Gilbert and Lynne Anstice in this role. **If any members of the community would like to become an SLSO and be available to work at school on a casual basis when Mary and Lynne are unavailable please call the school for more information.**

The first three months of the year are birthday months at Carrathool PS. Happy Birthday to Chloe (Jan), Jack, Lincoln, Anna and Eliza (Feb), Ms Furner, Lylah, Mrs Headon-in-the-office and Nicholas (March).

A note from the office—could children who participate in **school banking** please bring their bank books to school on **Tuesdays only** as Mrs Sharyn Headon is available to process banking on this day.

Have a great week,

Mary-Ann Headon

Principal

Joker of the Week

Chloe Dewson Carvell (Kinder)

What do you call a whale in a bus?

Stuck!

Which day of the week do
fish hate?



Fry-Day!

Cooking

Cheese and Ham Nests

On Wednesday last week in cooking we made some cheese and ham nests. We done this by using bread, with the crusts cut off, and pushing them into the holes of a muffin tin. We then cracked an egg inside and topped with shredded ham and cheese and baked them in the oven for approximately 15-20 minutes until they were puffed and golden brown.

They were delicious!

By Lincoln.



Quickly, Quickly, Quickly Flicked the Poison Dart Frog

Smoothly, smoothly, smoothly a poison dart frog
hopped on a lily pad.

Quietly, quietly, quietly, the poison dart frog ate a
fly.

Slowly, slowly, slowly, the poison dart frog fell
asleep.

Silently, silently, silently, the poison dart frog woke
up.

Carefully, carefully, carefully, the poison dart frog
jumped onto another leaf.

All day long the poison dart frog stayed on the leaf.
All night long, the poison dart frog stayed on the
leaf. Even when it rained, he stayed on the leaf.

One day, a jaguar said, "Why do you always stay on
that leaf?" The poison dart frog didn't answer. Then
a toucan came and said, "Why are you so careful?"
The poison dart frog didn't answer.

The next animal who came was a hummingbird. She
was very annoying because she was always hum-
ming. She said, "Why are you so slimy?" But sadly,
like all the other times, the poison dart frog didn't
answer.

Then, when the hummingbird was flying past, the
poison dart frog said "I might be slimy and careful
and stay on my lily pad but I'm ever so quick with
my tongue." And as quick as a wink he flicked out
his tongue and flicked the annoying hummingbird
away.

Then slowly, slowly,
slowly the poison
dart frog fell back to
sleep.

By Eliza



WHERE THE FOREST MEETS THE SEA

On the warm little pieces of sand, I step slowly. I take my first step in the cold rocky creek. It is starting to rain, cold dribbly rain. I hide in an ancient Aboriginal tree. I watch the rain and it stops. When I try to get out of the tree, the creepers are tugging **on me.**

When I get to the creek, I drink some of the creek water. It smells dirty and nice at the same time. It tastes like salty water. The roots from the trees trip me over when I walk in the rainforest. I see a lot of birds in a squawking cloud.



Some leaves are falling down and some fruit falls down ripe from a tree. I pick up the red and yellow mango and cut it with a sharp stick. I liked the mango.

Then I walk out of the rainforest and on to the beach. I caught a fish. "You look hurt little fish. I think you might have had an accident" I said, so I tried to help it but it swam away.

I sit down and look at the beautiful rain forest. I smell the salty sea. I hear birds squawking in the sky. I see that we have to go. I wonder if it will all still be here when I come back.



In the future, the rainforest might be a motel or a hotel. When go in the Time Machine and over the reef, I will stop to look at the reef again and remember the day I had in the rainforest because it was so much fun and was new to me.

By Anna

The Rainforest

It rains a lot in the rainforest. The sun doesn't get to the bottom of the rainforest because there are lots of trees. There are a lot of leaves and it is very hot and sticky. By Emily



The Rainforest

It rains a lot in the rainforest. The sun doesn't get in there much. It is hot and there are a lot of animals living in the rainforest. The sloth lives in the rainforest. By Chloe.



Community News

SPORTS CLUB



The first meeting for the Sports Club/Hall Committee for 2020 will be held on the last Sunday (23/2/2020) . All are welcome.

wellways

QPR



Suicide Prevention Gatekeeper Training

An opportunity to develop knowledge and skills to better recognise and support vulnerable people in your community. Anyone can be a gatekeeper, and gatekeepers can save lives.

To register:
fgodde@wellways.org

Date & session time:
Tuesday 25th February
5:30pm - 8:30pm

Location:
Function Room
Hay Services Club
371 Murray St, Hay
Finger Food Provided

"Mental health is everybody's business and it is great to see a community band together to support one another."

Program participant

Stands for **Question, Persuade and Refer** – the three simple steps anyone can learn to help save a life from suicide. This training is group-based and runs for three hours. It aims to assist you to identify suicide warning signs and make connections with those at risk.



wellways.org | 1300 111 400

Gatekeeper training was jointly funded by the Australian Government and NSW Government.



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You are Invited to Attend and Celebrate International Women's Day Sunday 8th March 2020 at the Rankins Springs Golf Club

From 10am to 3pm
Entry is Free

Exciting News!

Naradhan-born Jacqueline Thompson (nee Morris) will be launching her new book of poetry "Words to Feel".

Presentations by Fiona Hart of Country Holistic Counselling

Lunch is provided, please bring a slice or dessert to share

Free child-minding at the Hall
(Bookings essential, lunch provided, 3 years old to Year 6, limit of 30)

'Do Your Own' Manicure
(necessary supplies provided)

Bookings are essential to Ellen Walker
02 6966 1270 or
kalang@activ8.net.au
before Wed 4th March

A 'goody bag' for the first 40 women to book

Lucky Draw Prize

And Country Holistic Counselling



Proudly supported by Carrathool Shire Council



OFFICE OF SPORT
CLAIM TWO
\$100 ACTIVE
KIDS VOUCHERS

All NSW school-enrolled children are eligible for two \$100 Active Kids vouchers. The vouchers can be used with any approved Active Kids provider, to help cover costs towards registration or membership fees for sport and active recreation. Voucher one is valid January to December and voucher two is valid July to December. After 1 July 2019, the second voucher can be claimed immediately after the first voucher.

How to claim your vouchers



Mary Sm



- 1 Visit service.nsw.gov.au and login to your MyServiceNSW Account
- 2 Click on the Active Kids icon found in your SERVICE tab
- 3 Fill out the requested information (you will need your current Medicare card)
- 4 Print a copy of each voucher or email it to yourself

Visit sport.nsw.gov.au/activekids for terms & conditions and FAQs

How to use your vouchers

- 1 Find a provider by visiting our website: sport.nsw.gov.au/activekids
- 2 Once you have chosen an activity give the voucher number to your activity provider, or log onto your provider's website and enter the voucher number

*Vouchers can always be found in your MyServiceNSW account by looking in the My Applications tab



TO HONEST TOIL AND VALIANT LIFE